

Hepatitis B

Put Prevention Into Practice

Name: _____

R_x for Prevention

Follow-up: _____

Clinician's Signature: _____ Date: _____

- Hepatitis B is a serious disease of the liver. It is spread through contact with the blood or body fluids of someone who has Hepatitis B, usually through sex or sharing needles.
- Generally, you should receive Hepatitis B shots if you:
 - have had other sexual partners within the last 6 months or if your partner has had other sexual partners within the last 6 months;
 - are a male and have had sex with another male;
 - have had a sexually transmitted disease (STD) within the last 6 months;
 - have injected illegal drugs;
 - are a health care worker who is often exposed to blood or blood products; or
 - had blood transfusions between 1978 and 1985.
- If you are at risk and decide not to be immunized, decrease your risk by:
 - using a condom with spermicide every time you have sex;
 - never sharing needles; and
 - protecting yourself on the job by wearing gloves, face or eye shields, and a gown every time you expect to come in contact with any bodily fluids.